

NAME: _____ GRADE: _____ TEACHER: _____



JUNE



NON-VEGETARIAN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6 Dairy Free Beef & Bean Burrito-5oz Fresh Broccoli Florets w/ Dip-1/2c. Organic Blueberry Yogurt 1/2c. Hormone Free 1% White Milk</p>	<p>7 Whole Grain Spaghetti Pasta w/Vegetarian Meatballs-5oz Cold 3 Bean Salad Cup-1/2c. Wheat Dinner Roll Fresh Green Apple-1 Hormone Free 1% White Milk</p>	<p>8 All Natural Beef Hot Dog on Bun-2oz Vegetarian Beans-1/2c. Banana—1 Hormone Free 1% White Milk</p>	<p>9 Organic Grilled Chicken Fillet on Wheat Roll -3oz Fresh Baby Carrots w/ Dip-1/2c Fresh Orange-1 Hormone Free 1% White Milk</p>	<p>10 Whole Wheat Pizza Bagel-5oz Romaine Salad w/ Low fat Caesar Dressing & Croutons-1/2c Fresh Pear-1 Hormone Free 1% White Milk</p>
<p>13 Grilled Chicken Fingers-3oz Rice Pilaf-1/2c. Fresh Cole Slaw Cup-1/2c. Organic Strawberry Yogurt-1/2c. Hormone Free 1% White Milk</p>	<p>14 Sliced Organic Turkey & Cheese on Wheat Pita Bread-3oz Celery Sticks w/ Dip-1/2c. Fresh Orange-1 Whole Grain Pretzels-1oz Hormone Free 1% White Milk</p>	<p>15 Vegetarian Chicken Parm-3oz Fresh Cut Green Beans w/ Ranch Dip-1/2c. Fresh Apricot Halves Cup-1/2c. 100% Whole Grain Wheat Bread Hormone Free 1% White Milk</p>	<p>16 Black Bean Burger on Bun-3oz Yellow Rice-1/2c. Fresh Green Apple-1 Black Bean Burger on Bun-3oz Hormone Free 1% White Milk</p>	<p>17 Whole Wheat French Bread Pizza-5oz Spring Mix w/Low fat Ranch Dressing-1/2c. Fresh Banana-1 Hormone Free 1% White Milk</p>
<p>20 Grilled Veggie Burger on Whole Grain Bun-3oz Asparagus Spears-1/2c. Fresh Grape Cup-1/2c. Hormone Free 1% White Milk</p>	<p>21 Rotini Pasta w/ Vegetarian Meat Sauce-5oz Fresh Cut Green Beans w/Ranch Dip-1/2c. Organic Strawberry Yogurt-1/2c. 100% Whole Grain Wheat Bread Hormone Free 1% White Milk</p>	<p>22 Oriental Chicken Stir Fry w/oriental & low sodium soy sauce-5oz Brown Rice-1/2c. Fresh Apple-1 Hormone Free 1% White Milk</p>	<p>23 Organic Turkey & Cheese on Whole Wheat Kaiser Roll Fresh Carrot Sticks-w/Dip-1/2c. Fresh Banana-1 Sugar Free Vanilla Pudding-1/2c. Hormone Free 1% White Milk</p>	<p>24 LAST DAY OF SCHOOL Organic Chicken Nuggets-5oz Tossed Salad w/Dressing-1/2c. Fresh Orange-1 100% Whole Grain Wheat Bread Hormone Free 1% White Milk</p>

PB&J or Cheese Sandwich \$3.00 daily (without sides)

Milk & Fruit \$0.60 daily

Paid \$3.00 daily

Reduced \$0.40 daily